/The New Uighurs/

563 songs of poverty and exile, and popular songs of various kinds.
[533] The New Uighurs are great believers in the efficacy of local
[778] saints, and there are innumerable shrines all over their region
[778] dedicated to saints and heroes.

2. Patterns of living

563 a. Dwelling

342 Most of the people live in small hud houses called öy, or
[184] sometimes hānä, which resemble the simple earth, stone and reed-mat homes of the poor farmers of North China. Rich people live in well-built houses with courtyards and gardens.

The typical design of the house is a flat roof upon which small openings are left to serve as windows. The windowframes are equipped with folding shutters, and are closed at night dur-
[354] ing the winter. The window openings are so small they admit
[352] little light, and the interior is always in semi-darkness. Floor and walls are packed with reed mats and earth. The rear of the room is set apart by a partition of squared beams, and has a raised floor. This elevated section, its floor covered with reed mats and thick felt, serves as the bed and also the dining table. Most of the family's time at home is spent on this elevation. The door of the house is so low that one must bend down to pass through it. Almost every room has a chimney.

[251] The flat-topped roof of the house is used for drying grain and other agricultural products. Each house also has a veranda on
[352] which plank beds are constructed for use during the summer. Couches of wood or clay under the trees also serve as sleeping accommodations during hot weather. A house with a courtyard
[351] is surrounded by a wall of earth. In the southern area, the gar-
[184] dens of the homes are surrounded by hedges.

b. Food

563 Wheat and corn are the staple foods of the people. Rice is a
262 luxury used only for entertaining and festival occasions. Meat is preferred to vegetables, and mutton to beef. Chickens, ducks and other fowl are eaten, but not considered especially desirable. The famous Turfan raisins and Hami (Qomul) melons supply large quantities of fresh fruits for these people. Mare's milk
[272] is drunk extensively, and the noble drink called kumis, horse
[273] milk wine, is considered the most healthful of all sour milk concoctions.

563 For entertaining, camel and horse meat, beef and mutton are
262 served with fresh fruits, crystalized sugar and kumis. Meats
252 may be boiled or roasted. The most common dishes are grilled mutton and kidney, and cold boiled mutton and liver with bread. The favorite dish, called pilav, is made of the fattest mutton or beef cut into small pieces and cooked with rice, chopped carrot, onion, garlic and seedless raisins, cooked in a large cauldron.
[264] Liquid foods are eaten with wooden spoons. Other foods, including thick porridge and pilav, are eaten with the fingers.

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563 576 mutual courtesy. In addressing one another they use the polite form of you. The same politeness is demonstrated between wife and husband. Parents use the equivalent of "thou" to address their children, servants or workers. Upon meeting a friend or entering a friend's house they say "As-salam Alaikum," and the reply is "Alaikum as-salam." They inquire about the health of the family, then bow and shake hands. Only women kiss when they meet, and only if they are related. When they part they say "Khosh," or "Allah Akbar," meaning, "The Lord is great."

563 576 574 364 [782] The more religious women pray before eating or starting to do something. Washing the hands before and after meals is mandatory. Bowls of water and towels are provided at a feast or banquet table, and hands are washed between courses. When a hostess serves refreshments to a guest, the guest rises, bows and says "Ishqallah," meaning thank you. Polite speeches are made by both host and guest on the guest's arrival and departure. Good manners are regarded as important.

4. Superstitions and taboos

563 771 [776] [778] [769] The New Uighurs attach superstition to almost everything. They believe in witches, ghosts, charms and talismans. As mentioned before, they believe in the powers of local saints and heroes, to whom they have dedicated innumerable shrines, and certain superstitions connect these shrines with the curing of disease and the bearing of children. Ancestor worship is also strong among them, as shown by the popular names of the shrines.

[756] [755] [789] 563 771 775 [782] [825] The people are also firm believers in witch-doctors, and in magic powers that cure disease, induce love, or sow enmity between people. Ghosts are much feared, especially the ghost of a Chinese. People regard the Urumchi Road from Kashgar as a haunt for Chinese ghosts. They believe that if one is haunted he may be able to propitiate the ghosts by leaving money on his doorstep overnight. If the money is gone in the morning, the ghosts have taken it and will make no further trouble. They also have a superstitious dread of snakes, and believe that if one kills a snake, its mate will haunt him.

563 372 [777] 563 821 The New Uighurs try to maintain an everlasting fire in their fireplaces, to bring prosperity to the house. Ashes from the fireplace are carried out at night or before sunrise, for to clean the fireplace and take out the ashes during the day may bring misfortune to the household. They fear thunder, and during a thunderstorm they pray for deliverance from threatening danger.

5. Religious celebrations and festivals

563 796 Like the festivals of Moslems the world over, the festivals of the New Uighurs are deeply colored with religious influence. Besides Fridays, which are generally celebrated, the people have only three main holidays, Rōse-häyt, Kurban-häyt and

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779 character of Islam. In Sinkiang, Islam has been affected by two major factors. The first one is that Islam has been superimposed over a civilization which contained Shamanist, Buddhist, Manichaeanist and Nestorian elements. Many Buddhist traditions have not been erased completely by Islamic beliefs. These traditions have been incorporated into Islam, although totally foreign to it, and they have acquired a superficial Moslem character.

779 The second fact that had considerable influence upon the de-
777 velopment of Islam in Sinkiang is that the country is under Chinese administration. As already explained, Islam is not merely a religious faith, but it encompasses many aspects of the entire way of life of the Moslems. As a result of Chinese administration, all those functions of Islam that are not concerned with the articles of faith and strictly religious rites, have been taken
[671] over by the Chinese. The law of the country is the Chinese sec-
892 ular law, and not the Moslem religious one. The courts of law are administered by Chinese civil servants rather than by the Moslem Qazis (judges).

779 The Turkic Moslems in Sinkiang are not very strict in their
794 observance of religious practices. There is only a small number
563 of people (mainly Kirghiz) who perform the ablutions and say the prayers regularly, pay the Zakat to the mosque, medresses (mosque schools) and the poor, wear a turban and abstain from smoking and drinking. The majority of the people (this applies to the East Turki as a whole) do not perform the ablutions nor prayers. Except on holidays there are very few people in the mosque during the services. The people do not give the required Zakat, and they smoke tobacco and even opium. Though they are quite strict about not eating pork, they do not abstain from drinking wine and other alcoholic beverages. Few of the women veil themselves in public, and they go unsupervised in the market places. The Sunni Turki in Sinkiang have no scruples about letting their daughters marry the Balti Shi'is (most other Sunni Moslems consider it a great offense). The people as a whole are very poorly instructed in the matters of religion. Most know the fatihat sura (the opening chapter of the Koran), but few know more. Holidays are more strictly observed than are other rites.
[796] Though Ramadan imposes rigid restrictions during the daytime, at night the Moslems of Sinkiang compensate festively for their daily sacrifices. Id-el-Fitr, the Moslem New Year celebration in the tenth month, is one of the most joyful and colorful holidays in Sinkiang. The people attire themselves in new clothes, attend the special services in the mosques, greet each other, visit friends and attend feasts.

795 As Grenard points out, the cult of Imams and other Moslem
796 saints which is an integral part of Islam in Sinkiang, goes back
798

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795 to religions other and older than Islam. The Moslem priests,
796 powerless to destroy the popular worship of certain shrines,
798 adopted those shrines and named them after Islamic personages.

The Turki is a great believer in the efficacy of local saints, and there are innumerable shrines all over the country dedicated not only to the "imams," but to later saints and heroes. These sanctuaries usually have some beliefs and observances attached to them, connected either with the curing of diseases or with the bearing of children. At shrines of the latter type, the majority of pilgrims are women. The mullas have therefore been obliged, for the sake of propriety, in each case to invent a female saint, complete with legend, to bring the cult in line with Islam. The [178] popular names of the shrines reveal that most of these cults [769] have been derived from the ancient practices of ancestor worship.

791 Paganism, as well as ancestor worship, is still prevalent in
796 this land despite a thousand years of Islam. Many of the religious festivals, especially those which are seasonal and therefore not connected with the Moslem calendar, are more pagan than Moslem. They are merely popular gatherings for the purpose of feasting and enjoyment, and are probably older than Islam.

793 The clergy in Sinkiang is divided into two categories: the
794 judges and the priests in one, and the simple clerks in the other (the mullas). The latter class includes all males who can read and write and wear a turban. Above these mullas, there is a class of mosque officials with specific functions: the Muazzin, who calls the believers to attend the daily prayers, the Imam, who leads the services, the Mutakib, in charge of seeing that the laws of the Koran are observed, the Reis, prefect of discipline, the Khatib, who delivers the Friday sermon, and the mulla a'lam, doctor of law who is also in charge of the circumcision ceremony.

793 The resources of the clergy consisted mostly of waqf, land
[423] property which had been donated to them or confiscated by them. In spite of the Chinese confiscations of clergy landed property, until recent times this constituted an important source of income for the clergy. Other clergy sources are the Zakat, donations from richer believers, casual fees, judicial fees, and fees paid for marriages, funerals and so forth. The Zakat is not a very substantial source of income, as the Sinkiang Moslems are lax in adhering to this obligation. At present it is almost impossible for the clergy to subsist without resorting to some secular occupation.

793 The judicial power and the police functions of the clergy in
692 the past have diminished greatly during the Chinese administra-
[177] tion. The Qazis judge cases which are brought voluntarily to

753 Moslems. No servant of Allah who was in a plague stricken city
779 ought to depart from it. He must remain steadfast, counting upon God and knowing that nothing will happen except what Allah has ascribed for him. If anything should befall him, he would earn the reward of martyrdom in the future world. The Prophet declared that contagious diseases, such as cholera and the plague, had no reality independently of Allah.

753 Older pre-Islamic beliefs prevalent among the people of East-
776 ern Turkestan attribute the source and cause of diseases and death to evil spirits, which they call "jins", and which inhabit the body
754 after the evil eye has been cast upon a person. Belief in the evil eye is extremely strong among the women. Skrine recorded some of the superstitions about the cause of disease and death: "If a woman feels liverish, she at once concludes that she has been bewitched, and goes to the du'a-khwan (witch-doctor).... There
754 are several death-spells in use. If a woman wishes her husband to die, she washes her head on seven successive Wednesday mornings; another method is to wear two caps, one on top of the other, for seven weeks. Similarly, a man puts a death-spell on his wife by combing his beard with two combs. In most countries where sitchcraft and the evil-eye are believed in, the victim's hairs, nail-parings, etc., are peculiarly valuable to the enemy who wished to cast a spell upon him. In Chinese Turkestan, by a cur ous extension of this idea, this potency attaches also to the kafsh-massi or slippers which are worn over the long boots when outside and are removed on entering a house. If an enemy's slippers are found lying neatly together outside the room in which he sits, they are turned upside down or placed one on top of the other. If an enemy's death is desired the slippers are taken up and thrown down haphazardly.... A widely prevalent idea is that the death of a person affects the health of his or her surviving relatives." (Skrine, C.P., Chinese Central Asia, pp. 187-88).

Aside from these beliefs, the common people are unaware of
753 the modern, scientific explanations of the causes of disease and death. Only those who attend government schools (as opposed to the Moslem religious schools) are likely to learn some facts about human physiology and the existence of disease-carrying germs.

1. Sanitary measures included in the Moslem religion

779 The Moslem religious code, however, provides its own sani-
515 tary measures that are closely observed by the population. Most of these rules concern the cleanliness of the body, both for the purification of the soul, and for the sake of health. A Moslem is required to take a partial ablution before each of the five daily prayers. The partial ablution (wudzu) consists first of washing the hands up to the wrists, cleaning the mouth with water, washing the whole face from the forehead to the chin and from one ear to the other, wiping the head with wet hands and washing the feet